










JULY

Newspaper deliveries between 9:00 and 9:30am each day

	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6	Sunday 7
9:30 am	UNITING CHURCH and WALKING GROUP 	Stretch Yoga 	BINGO	Banjo Phil 10:00am 	Walker Exercises Strengthen the legs 	 Activity Packs, Games and Puzzles are available in the house lounge rooms. Please feel free to use them.	
1:30 pm	Footy Tips Individual 1:1 catch up Pet Care 	House visits Social group 	BTP screen therapy 1:1 therapy Pet Care 	Charlie Visits Wheelie Walks 1:1 catch ups 	1:00 Concert with Leigh Pet Care 		
NAIDOC WEEK 8		9	Wacky Wednesday 10	Thursday Podiatrist 11	12	13	14
9:30 am	UNITING CHURCH and WALKING GROUP 	Ten Pin Bowling 	BINGO Church with Rev. Rod HUDSON & Anna visit 	Brain Trainer Quiz 	Armchair Travel 		
1:30 pm	Footy Tips Individual 1:1 catch up Pet Care 	Indigenous Art 	Dress French for Bastille Day (Black and White) BTP screen therapy Pet Care 	 HAPPY HOUR Social group	Jamaica Knit & Natter Social group 		
15		CAC Meeting 16	17	Hairdresser 18	19	20	21
9:30 am	UNITING CHURCH and WALKING GROUP 	Quoits 	BINGO	Stay On Your Feet  Charlie visits	 Catholic Mass and Fun Exercises		
1:30 pm	Footy Tips Individual 1:1 catch up Pet Care 	Activity Planning for next month 	French themed High Tea Dress in Black & White  Pet Care 	Flower arranging 	Mens Club 1:1 Ladies catch up Pet Care 		
22		23	Wacky Wednesday 24	Hairdresser 25	OLYMPICS WEEK 26	27	28
9:30 am	UNITING CHURCH and WALKING GROUP 	Bean Bag Toss 	 Anna & Hudson visit	Brain Trainer Quiz 	OLYMPICS COMMENCE Social group 		
1:30 pm	Footy Tips Individual 1:1 catch up Pet Care 	Letters, notes and Memories 	BINGO Pet Care 	Charlie visits House visits Social group 	MOVIE  Pet care 		
OLYMPICS CONTINUE 29		30	31				
9:30 am	UNITING CHURCH and WALKING GROUP Taffy visits	Let the games begin 	BINGO				
1:30 pm	Footy Tips Individual 1:1 catch up Pet Care 	 Poetry Olympics theme	 Pet Care 				